

## ABOUT McKENZIE SBHC

Having your child live at Prep all week long can be difficult – especially when trying to schedule a doctor's appointment for your child. The McKenzie School Based Health Center is an outpatient clinic on campus. We bring health care to where students are – in school – making it convenient for you, as a parent.

We provide comprehensive health services, so students can avoid health-related absences and get support to succeed in school. We serve all Navajo Prep Students who have parental consent. Our services are free, thanks to our working relationship with Shiprock IHS and a grant from the Department of Health. McKenzie SBHC gives students medical and behavioral health attention when they need it.

We have an open door policy - you are welcome to sit in on your child's clinic appointment and ask the health care provider any questions you may have.



*"The SBHC staff are awesome!  
They are fun and comfortable.  
They're good buddies.  
And they give you soup!"*



## CLINIC HOURS

Monday-Thursday  
8AM-5PM

Call us or email us  
to make an appointment  
Or just come visit  
and  
Say Hi!

We are always glad  
To meet with Students & Parents!

McKenzie School Based Health Center  
Navajo Preparatory School, Inc.  
1220 West Apache Street  
Farmington, NM 87401  
505.326.6571 ext.115  
Fax: 505.326.1834  
[www.nps.bia.edu](http://www.nps.bia.edu)

Supported by



# McKenzie School Based Health Center

Navajo Prep School



*"Promoting Health  
for  
Academic Excellence"*

## MEET THE STAFF



Left to right: R.Donaldson,B.Washburn, L.LeClaire

**Rita Donaldson, RN,MPH**  
SBHC Coordinator & School Nurse  
rdonaldson@nps.bia.edu

Ms. Donaldson is originally from New Jersey. She worked at Shiprock IHS Service Unit for 9 years with various public health research projects to improve the well being of the Navajo People.

**Beverly Washburn**  
Health Assistant  
bwashburn@nps.bia.edu

Mrs. Washburn is from Beshbitoh Community in Keams Canyon, AZ. She attended the Health Sciences Program at BYU. Her knowledge of Navajo language and culture is a great asset to the McKenzie SBHC program.

**Linda LeClaire,LPCC**  
Mental Health Counselor  
lleclaire@nps.bia.edu

Ms. LeClaire is a native New Mexican. She has experience in working with children, teens, and families. She has also worked in adolescent treatment centers, and continues to work in private practice.

## VISITING HEALTH PROVIDERS



Dr. Powell, a Columbus, Ohio native has been a physician since 1999 and has lived in Shiprock since 2002. In addition to his work at NNMC Pediatric Clinic, he visits schools to provide health services through the School-Based Health Center Program.

Dr. Waters, originally from N. California, has served in the USAF where she became a medical officer. She also served as a team physician for 3 US Olympic basketball teams and for Penn State Football Team. She has lived and worked in Shiprock for 20 years- first as an ER doctor, and most recently in Sports Medicine.



Anne Miller is a Nurse Practitioner. She has worked for the IHS for 20 years; in Fort Defiance, Monument Valley, and now 10 years in Shiprock. She has been in School Based Health Centers for 14 years.

## SERVICES:

**Sports physicals**  
**Injuries**  
**Illness**  
**Immunizations**  
**Laboratory tests**  
**Prescription medications**  
**Nutrition counseling**  
**Diabetes prevention & management**  
**Referrals to other providers**  
**Mental Health Counseling\***  
**Substance Abuse Counseling\***  
**Family Planning\***

**\*Confidential Services for Minors:**  
While the McKenzie SBHC staff encourages students to discuss their health issues with their parents, NM law states these services do not require parental consent or notification, unless there is an immediate concern. Students requesting these services are required to sign an Informed Consent for Confidential Services .

## CONTRACT SERVICES:

**Vision Exams & Glasses**  
**Dental Exams, Sealants, etc.**